FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

A LOT IS GOING ON AT THE YMCA

FALL PROGRAMS
YOUTH, FAMILY, SPORTS



The York YMCA offers multiple programs for youth, teens, and families. The sports programs offer a quality sports experience for all skill levels, including practices and games, under the direction of qualified YMCA instructors. **SEE SIDE 2**

Register early online at rosesymca.org/programs, at the York YMCA membership desk, or by phone at 717-843-7884 x 260. Financial assistance is available (prior to registering). Stop by the York YMCA front desk at least ten days prior to the start of the program to ask for a financial assistance application.

Contact Doug Markel at 717-843-7884, ext. 263 or dmarkel@rosesymca.org for more information.

WHEN: SEPTEMBER - DECEMBER 2023
WHERE: York Branch YMCA
WHO: AGES 4 - ADULT

The School District neither encourages nor discourages a student's participation in the activity described herein.

YMCA OF THE ROSES
90 North Newberry Street
York, PA 17401
717-843-7884
www.rosesymca.org

FOR YOUTH DEVELOPMENT®
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YOUTH AND TEENS

FREE OUTDOOR SOCCER CLINIC



For those which have not participated in a soccer program before and are considering joining the Outdoor Soccer League. Participants will gain instruction on the fundamentals of soccer in a recreational environment. All attending must register, no later than Sept. 8, online at rosesymca.org or by calling 717-843-7884 x 260. Saturday, Sept. 9 at Small's Athletic Field. 31 Hamilton Ave. Ages 4 - 6 at 9 a.m., ages 7 - 11 at 10 a.m. FREE for all.

OUTDOOR SOCCER LEAGUE

Beginners and experienced participants will learn and enhance their soccer skills including ball handling, passing, shooting and control in an instructional setting through practices and games, all on Saturday mornings. Each day held at the Small's Athletic field. Look for our Indoor Soccer League to begin in Jan. Ages 4 - 5's will be at 9 a.m., ages 6 - 8's at 10 a.m. and ages 9 -11's at 11 a.m. Coed. Saturdays, September 16 - November 11

$35/YMCA Members $70/Non-Members

GIRLS INTRAMURAL VOLLEYBALL



Ages 11-14. This program focuses on instruction in a recreational environment, with pick-up games incorporated toward the end of the session. Great for beginners and/or those which need further fundamental skill enhancement.. Sessions offered throughout the school year. Mondays, 6:30 - 8 p.m. Session I: Sept. 11—Nov. 6, Session II: Nov. 13-Jan. 22

$45/YMCA Members, $90/Non-Members

INTRO TO BASKETBALL (AGES 4-5)

Ages 4-5. Participants will learn the fundamentals of basketball in a recreational and small group setting. Pick-up games held the last few days. Register for either Mondays or Wednesdays, and one session or both.

Wednesday Sessions: 10-11 a.m., Sept. 6-Nov. 1 / Nov. 8-Jan. 10

Monday Sessions: 5:30-6:30 p.m. Sept. 11-Nov. 6 / Nov. 13-Jan. 22

$45/YMCA Members, $90/Non-Members

INTRO TO BASKETBALL (AGES 6-8)



Ages 6-8. For those new to basketball or at a beginners skill level looking to enhance their skills. Also a great class for those at a beginner skill level planning to join the upcoming basketball league. Thursdays, 5-6 p.m. Sept. 14-Nov. 9

$45/YMCA Members, $90/Non-Members

BASKETBALL LEAGUE

For beginners and experienced players. Participants will work on basketball skills in an instructional setting through practices and games, held at the York YMCA. Instructors and volunteer coaches follow JRNBA instruction guidelines. Max acceptance so register early. Saturdays, Nov. 18-Jan. 13. For ages 4-5, see 'intro. to basketball" listed above.

Ages 6-8: 9 a.m. / Ages 9-11: 10 a.m.
*After the first day, ages 6-8 will have some days at 10 a.m. and ages 9-11 will likely occur at 11 a.m.

$45/YMCA Members $90/Non-Member

FENCING

Fencing for ages 10 through adults at the York YMCA. For further information, go to rosesymca.org or email kebleecker@comcast.net

INTRO. TO SPORTS AND GAMES

Ages 4-5. Participants will learn and play a variety of sports and games in a recreational and instructional setting. all held inside the York YMCA Branch gymnasium. Register for one session or both. Thursdays, 5-6 p.m.

Session I: Sept. 7-Nov. 2 / Session II: Nov. 9-Jan. 11

$45/YMCA Members, $90/Non-Members

BASKETBALL CAMP (THANKSGIVING BREAK)



From 8-4 p.m., participants will learn and enhance their basketball skills through instruction and drills in a recreational setting. The day will also include some recreational time in the indoor pool. Participants bring a lunch.

Wednesday, Nov. 22: Ages 6-7

Monday, Nov. 27: Ages 8-10

$30/YMCA Members, $60/Non-Members

ALL SPORTS CAMP (CHRISTMAS BREAK)

From 8-4 p.m., participants will learn and play a variety of sports inside the York YMCA gymnasium. The day will also include some recreational time in the indoor pool. Participants bring a lunch.

Thursday, Dec. 21: Ages 6-7

Friday, Dec. 22: Ages 8-9

$30/YMCA Members, $60/Non-Members

TEENS, ADULTS, AND FAMILIES

PICK-UP DODGEBALL (TEENS AND ADULTS)



Join us for recreational dodgeball. Teams formed daily upon arrival. For adults and teens. Adults and teens may attend without the other. Every Saturday beginning Oct. 7, 3:30-4:45 p.m.
Daily drop-in fee of: $2/YMCA Members / $5/Non-Members

PICK-UP DODGEBALL (YOUTH AND FAMILY)

Bring the kids in for some recreational dodgeball play. A parent or parents are encouraged to join in. Every Saturday beginning Oct. 7, 2:30-3:30 p.m.
Daily drop-in fee of: $2/YMCA Members, $5/Non-Members (per participant)

FAMILY PICKLEBALL



Bring the family for some recreational play. On Thur., October 5, an instructor will teach all the rules of the game and how to play. After that, each Thursday will be set aside for family pickleball on the 3 courts inside the York YMCA gymnasium. Every Thursday beginning Oct. 5, 7-8:30 p.m.
Daily drop-in fee of: $2/YMCA Members, $5/Non-Members (per participant)

COMING SOON!

DROP-IN ART CLASSES

Beginning mid-September, each Saturday afternoon will include a different type of art class for ages 4-5, 6-8 and 9-12. No commitment, just a daily drop-in fee. Visit rosesymca.org/programs for details after Aug. 1.