



South Eastern School District

**377 Main Street
Fawn Grove, PA 17321**

Reopening Plan for 2020-2021

Table of Contents

SESD Mission and Vision	3
SESD Health and Safety Plan.....	4- 11
SESD Teaching and Learning Plan	12-26
SESD Return to Play	27- 36

Why We Exist

The SEDS exists to INSPIRE and IMPACT learners.

We do this by providing a comprehensive, innovative and personalized educational experience that removes barriers.

South Eastern School District Mission Statement

South Eastern School District...providing progressive education to strengthen the global community.

South Eastern School District Vision Statement

We envision a community of learners engaged in continuous improvement that will meet the challenges of the 21st century;

graduates will be confident and well prepared to excel in a complex, interconnected, changing world.

Organizational Values

We believe that every child can learn when placed in a safe, secure learning environment that is student-centered, collaborative, future-focused, and resource rich.

We believe in a standards based curriculum with measurable goals that is constantly evolving, and instruction designed to meet individual student learning needs that is informed by ongoing assessment.

We believe in active student engagement in the learning process, activities that require problem- solving and critical thinking, as well as those that foster creativity and innovation.

We believe that technology integration and cultural diversity are essential to prepare students for success in the 21st century.

We believe in the strength of community, in the power of school and community partnerships, the value of open communication between teachers and parents, and in helping children reach their full potential.

Health and Safety Plan Summary: **SOUTH EASTERN SCHOOL DISTRICT**

Anticipated Launch Date: **AUGUST 31, 2020**

Use these summary tables to provide your local education community with a detailed overview of your Health and Safety Plan. LEAs are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Health and Safety Plan tables above.

Facilities Cleaning, Sanitizing, Disinfecting and Ventilation

Requirement(s)	Strategies, Policies and Procedures
* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, hallways, and transportation)	<ul style="list-style-type: none">• Use cleaning products approved for use against COVID-19 on the Environmental Protection Agency (EPA)-approved list “N” and follow product instructions.• Provide employees training on manufacturer’s directions for safe use as applicable.• Custodial staff with the responsibility of cleaning and disinfecting the school site must be equipped with proper protective equipment, including gloves, eye protection, respiratory protection and other appropriate protective equipment as required by the product instructions. All products must be kept out of children’s reach and stored in a space with restricted access.• Establish a cleaning and disinfecting schedule in order to avoid both under- and over-use of cleaning products.• Follow all applicable federal regulations and public health agency guidelines.• Allow increased fresh intake as weather permits• Shut down water fountains but keep water bottle filling stations open

Social Distancing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
*Classroom/learning space occupancy that allows for 6 feet of separation among students and staff throughout the day, to the maximum extent feasible	<ul style="list-style-type: none">• Student seating will be spaced six feet apart.• K-6 students will remain self-contained to the greatest extent feasible. Grades 7-12, students will typically see a maximum of 7 teachers a day, class dismissal times will be staggered and hallway traffic patterns will be one way.
* Restricting the use of cafeterias and other congregate settings, and serving meals in alternate settings such as classrooms	<ul style="list-style-type: none">• Cafeteria available for use, following social distancing and occupancy guidelines, with additional seating and trash receptacles.• Congregate areas will be limited.• Plexiglass will be utilized to help ensure social distancing.• Prepackaged meals to be used when necessary
* Hygiene practices for students and staff including the manner and frequency of hand-washing and other best practices	<ul style="list-style-type: none">• Soap and water as often as possible, and hand sanitizer when another cleaner is not available.• Students shall perform hand-washing or sanitizing upon arrival, before and after meals, and prior to dismissal; and other times as needed throughout the day, as practicable.• Hand sanitizer will be provided for each classroom, as well as other large gathering areas.

*** Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs**

*** Handling sporting activities consistent with the [CDC Considerations for Youth Sports](#) for recess and physical education classes**

Limiting the sharing of materials among students

Staggering the use of communal spaces and hallways

Adjusting transportation schedules and practices to create social distance between students

- Review signs provided in Hillyard Enhanced Hygiene, Cleaning and Disinfection Plan for SEDS and post throughout district buildings as applicable.

- Outdoor playground equipment will not be utilized.
- Practice social distancing for outdoor activities.
- Physical Education classes should be held outside, weather permitting.
- Shared materials (balls, jump ropes, etc.) must be disinfected by the teacher or students after each use.

- Shared materials are discouraged.
- Shared materials must be disinfected by the teacher or students after each use.
- Items that cannot be disinfected will sit 3 days before they are reused.
- A sample list of shared items include: toys, books, device mini sets, computer labs, robots, makerspaces, science equipment, manipulatives, shop equipment etc.

- Develop traffic patterns for hallway, by identifying six-foot spacing on flooring (as needed) to maintain safe distancing when lines form.

- Bringing students in, two to a seat (wearing masks) (48 students total);
- Apply microbial coating (lasts 90 days) and sanitize buses daily.
- Parents surveyed to see who is willing/able to voluntarily transport

<p>Limiting the number of individuals in classrooms and other learning spaces, and interactions between groups of students</p>	<ul style="list-style-type: none"> • Student seating will be spaced six-feet apart. • K-6 students will remain self-contained to the greatest extent feasible. Grades 7-12, students will typically see a maximum of 7 teachers a day, class dismissal times will be staggered and hallway traffic patterns will be one way.
<p>Coordinating with local childcare regarding on site care, transportation protocol changes and, when possible, revised hours of operation or modified school-year calendars</p>	<ul style="list-style-type: none"> • Share and communicate health and safety plan • Ensure an email distribution and SchoolMessenger list is updated so information can be communicated if changes occur.
<p>Other social distancing and safety practices</p>	<ul style="list-style-type: none"> • Student desks facing forward (or in a U shape if 6 ft. distance can be maintained)

Monitoring Student and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<p>* Monitoring students and staff for symptoms and history of exposure</p>	<ul style="list-style-type: none"> • To mitigate the potential spread of COVID-19, we are asking everyone to be vigilant in monitoring symptoms and potential exposure to COVID-19. Monitoring should be done at home prior to reporting to school/work • We expect anyone who is showing symptoms of illness or a history of exposure to stay home <ul style="list-style-type: none"> ○ Have one or more symptoms in Group A (fever of 100.4 or higher, cough, shortness of breath, difficulty breathing). ○ Have two or more symptoms in Group B (sore throat, runny nose/congestion, chills, new lack of smell or taste, muscle pain, nausea or vomiting). ○ Are taking fever reducing medication. • We will be monitoring attendance patterns throughout the pandemic

Isolating or quarantining students, staff, or visitors if they become sick or demonstrate a history of exposure

Returning isolated or quarantined staff, students, or visitors to school

- School nurses are to be notified for student COVID-19 related illnesses and Human Resources to be notified for employees.
- Should any student, staff member or visitor exhibit signs of illness or a history of exposure while on campus, they will be discretely taken to an isolated check-up room for further diagnosis by a school nurse. If it is determined that the student, staff, or visitor is confirmed/suspected/exposed, they will be required to leave campus and follow the appropriate protocol.
- School nurses will provide information to each school staff about specific building procedures for handling potentially symptomatic children and adults who become ill during the school day
- The SEDS's response protocol for confirmed/suspected/exposed cases of COVID-19 addresses the return of students and staff who were isolated or quarantined. The protocol follows CDC and PDE guidance
- Staff and students with fevers or symptoms associated with COVID-19 should seek medical attention for further evaluation and instructions before returning to school.
- Staff and students with fever or symptoms that may be associated with COVID-19 and no known direct exposure to a person with COVID-19 may return to school when they are asymptomatic and have been fever free for at least 24 hours without the use of fever-reducing medicine or have confirmation of an alternative diagnosis from a health care provider that explains the COVID-19-like symptom(s).
- Staff or students with symptoms who have had a direct exposure to a person with COVID-19 will be considered probable cases and should remain excluded from school/work until release from isolation criteria has been met.

<p>Notifying staff, families, and the public of school closures and within-school- year changes in safety protocols</p>	<ul style="list-style-type: none"> • A student or staff member who is quarantined following close contact with a positive case may not return to school until cleared to do so by DOH or the appropriate CMHD. A negative test obtained prior to the end of quarantine does not clear an individual for return. The entire quarantine period must be completed. • Families, staff and the public will be notified of any school closures and within-school-year changes in safety protocols through multiple media outlets. These outlets include: <ul style="list-style-type: none"> ○ Email blasts ○ School messenger calls ○ Notices posted on website ○ Facebook posts
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Other Considerations for Students and Staff

Requirement(s)	Strategies, Policies and Procedures
<p>* Protecting students and staff at higher risk for severe illness</p>	<ul style="list-style-type: none"> • Teams should determine a student's ability to meet distancing guidelines on a case by case basis, which may require creative solutions. Collaborate with student's parent/guardian, medical provider, certified school nurse and school administrators to develop an appropriate educational plan of care for students (i.e., 504 Plan or IEP). • Medically fragile and high-risk students and the staff assigned to those classrooms should have a symptom screening done at school daily, in addition to the symptom screening required prior to arriving at school. • Educate staff on the coronavirus and how it spreads (CDC videos)

Use of face coverings (masks or face shields) by all staff

- Teach students how the coronavirus spreads:
 - social stories
 - CDC videos (ASL series)
- Teach / Model / Practice Handwashing
 - CDC video <https://www.cdc.gov/handwashing/>
- Regular Cleaning and Disinfecting
- Staff at higher risk should avoid gathering in groups of any size and avoid common areas such as staff lounges.
- Human Resources Department will work with staff on an individual basis to consider accommodations/alternatives as medically necessary

Use of face coverings (masks or face shields) by older students (as appropriate)

- All orders regarding face covering for staff will be followed as provided by the PA Department of Health and clarified by the PA Department of Education. Current guidance can be found at this link:
<https://www.education.pa.gov/Schools/safeschools/emergencyplanning/COVID-19/Waivers/MaskWearing/Pages/default.aspx>
- If staff do not have facial coverings, they will be provided.
- School nurses will teach and reinforce use of cloth face coverings.
- Individuals should be frequently reminded not to touch the face covering and to wash their hands frequently.
- Information and training will be provided to staff on proper use, removal, and washing of cloth face coverings.
- All orders regarding face covering for students will be followed as provided by the PA Department of Health and clarified by the PA Department of Education. Current guidance can be found at this link:
<https://www.education.pa.gov/Schools/safeschools/emergencyplanning/COVID-19/Waivers/MaskWearing/Pages/default.aspx>

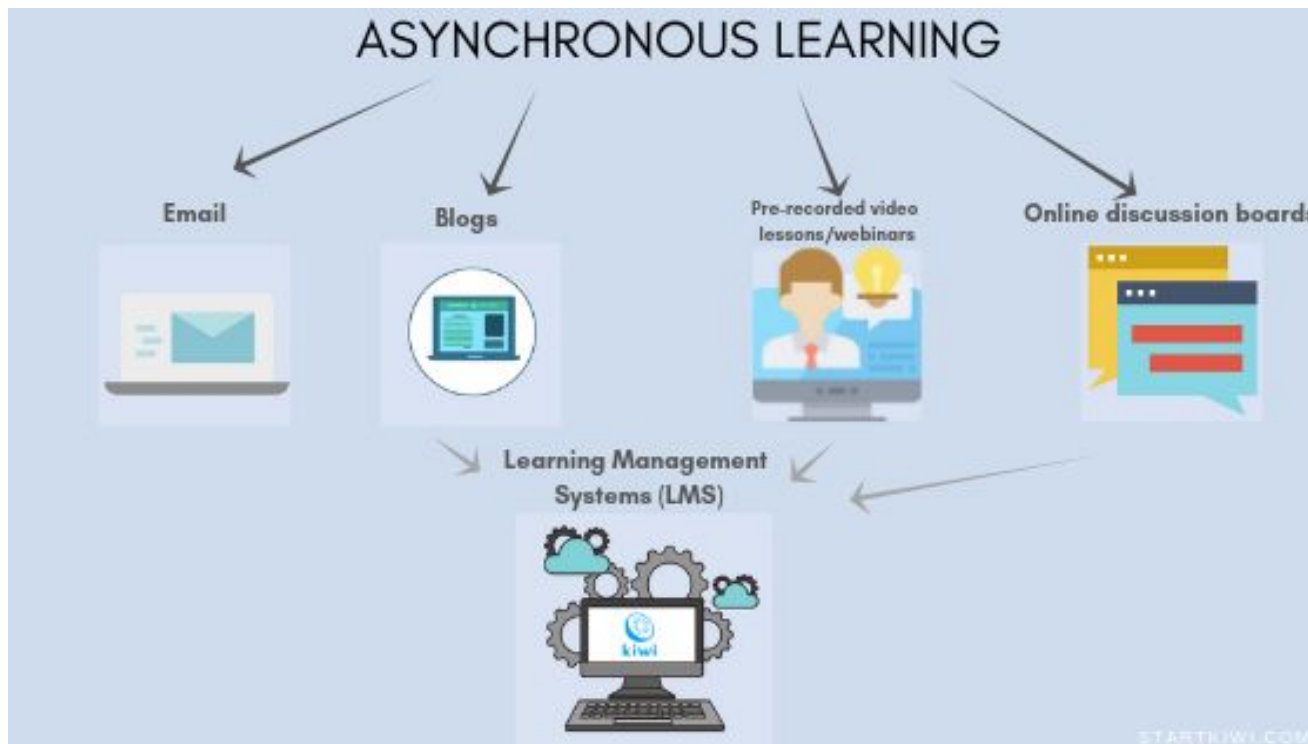
South Eastern School District Teaching and Learning Plan

<i>The SEDS exists to inspire and impact learners. We do this by providing a comprehensive, innovative and personalized educational experience that removes barriers.</i>			Rams Online Learning Opportunities	
Learning Options	Brick and Mortar	AB/Hybrid	SESD Virtual	SESD Online Academy
Learning Opportunity Descriptions	<p>Your child will attend school at his or her physical building, Monday through Friday, and follow his or her normal building schedule.</p> <p>Full Day Elementary (K-6) 8:30 - 3:25 Middle (7-8) 7:20 - 2:25 High School (9-12) 7:25 - 2:36</p> <p>Early Dismissal Elementary (K-6) 8:30 - 11:45 Middle (7-8) 7:20 - 10:45 High School (9-12) 7:25 - 10:56</p>	<p>Students would attend school two days a week and be part of the SEDS Virtual other three days.</p>	<p>This option is conducted 100% virtually via Google Classroom®. Students will have direct access to SEDS teachers and services through office hours and regularly scheduled Google Meet ®.</p> <p>Parents/guardians play an integral role in their child's education, so it is highly recommended that parents/guardians also participate in their students' learning process with this option by assisting in creating and maintaining a structured schedule for the school day in the home.</p>	<p>Through a partnership with the Odysseyware ® platform, an accredited online learning program, and the South Eastern School District, your child can enjoy all the benefits of learning online without sacrificing the advantages of enrollment in our local school by enrolling in the SEDS Online Academy. The SEDS Online Academy is a district-based online learning program that provides learning alternatives for our students. Students in grades 3-8 will work in Odysseyware Academy with a certified PA teacher who is not part of the South Eastern School District. Students in grades 9-12 will work in Odysseyware ® with a South Eastern School District teacher and the South Eastern School District curriculum.</p> <p>The SEDS Online Academy is an anywhere, anytime learning model that allows students to complete their</p>

				work at their convenience within the designated work week. SEDS Online Academy students are encouraged to employ structure within their day, and follow a similar schedule just as if they were to attend the brick-and-mortar learning environment.
Grades	K-12	K-12	K-12	3-12
Curriculum	SESD	SESD	SESD	Grades 3-8 Odysseyware ® Grades 9-12 SEDS
Teacher	SESD In-Person	SESD In-Person/Virtual Teaching	SESD Virtual Teaching	Grades 3-8 Non-SESD Teacher Grades 9-12 SEDS Teachers
Schedule	100% Brick and Mortar	75% Virtual and 25% Brick and Mortar	100% Virtual via Google Classroom ®	100% cyber school via Odysseyware ® and Odysseyware Academy ® Anytime, Anywhere
Course	Core Courses Specials	Core Courses Specials	Core Courses Specials	Core Courses Limited electives
Extra Curricular Participation	Yes	Yes	Yes	Yes
Support Services	Available Daily	Available Daily	Available Daily	Per Individual Plan (IEP, GIEP, 504)
Teacher Interaction	In-Person	In-Person & Regularly Scheduled Google Meet ®	Regularly Scheduled Google Meet ®	Academic Virtual Office, Digital whiteboard, and Interactive chat feature

Attendance	Traditional, with exceptions per PDE regulations	Traditional and based on completion of daily assignments per course/class	Based on completion of daily assignments per course /class	Student attendance is measured based on assignments completed each week. The amount of assignments due by midnight each Saturday will be determined by course load.
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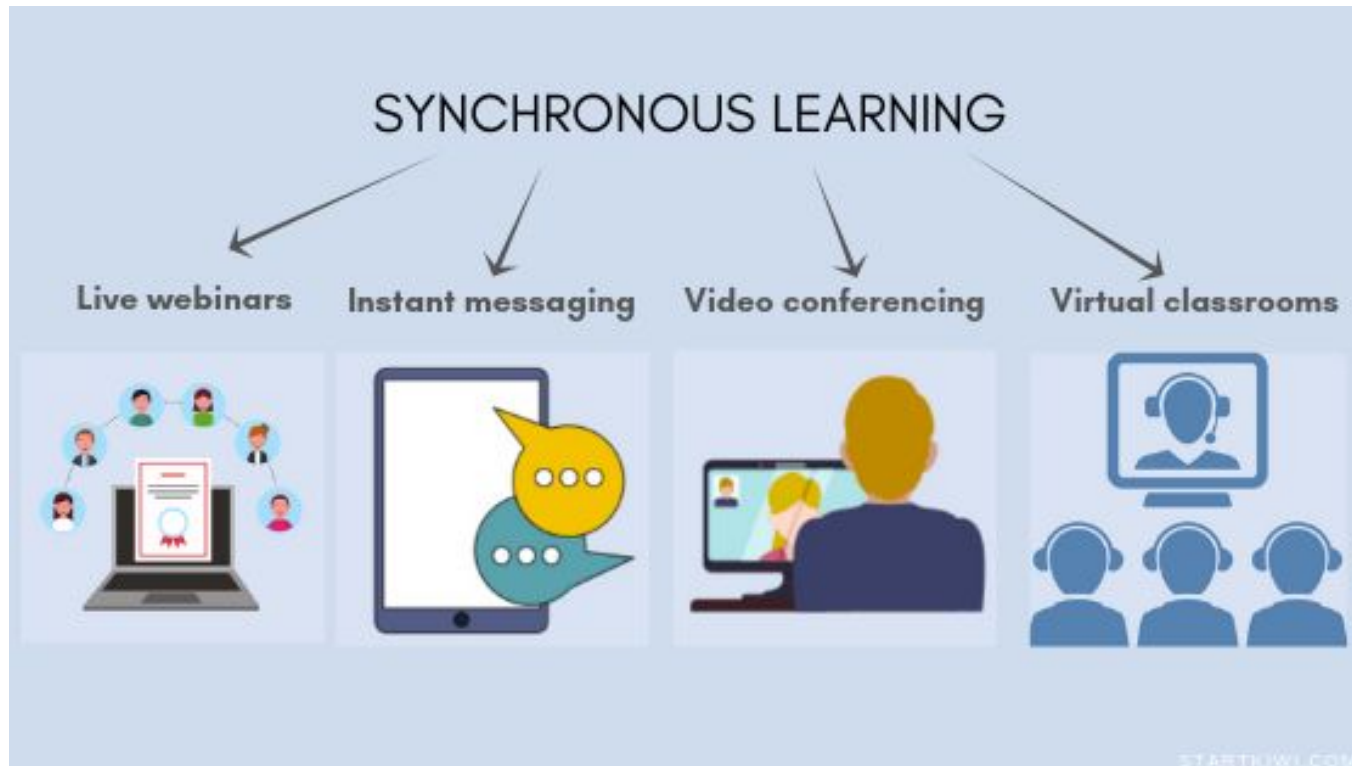
Types of Learning	Definitions	What learning options exist in this model?
Asynchronous Learning	Asynchronous learning allows students to access materials, ask questions, and practice their skills at any time that works for them. Learning doesn't happen at the same time.	SESD Online Academy



Synchronous VS Asynchronous Learning

startkiwi.com

Types of Learning	Definitions	What learning options exist in this model?
Synchronous Learning	Synchronous learning requires attendance at scheduled meetings or lectures. Learning happens at the same time and students receive immediate feedback. While this could be in person in a traditional classroom, the term is most often applied to online courses	Brick and Mortar AB/Hybrid SESD Virtual



Synchronous VS Asynchronous Learning

startkiwi.com

**South Eastern School District
Learning Options**

Model of Education	Type of Learning	Description
Brick and Mortar	Primarily synchronous, supplemented with asynchronous	<p>This is probably the model of education we are all most familiar with as it has been the longest traditional model of education.</p> <p>In this model, your child will be attending school Monday - Friday.</p>



[School Building Photo Credit](#)

**South Eastern School District
Learning Options**

Model of Education	Type of Learning	Description
AB/Hybrid	Asynchronous and Synchronous	Students would attend school 2 days a week and be part of our online Google Classroom ® the other 3 days.
SESD Virtual	Asynchronous and Synchronous	Blended learning occurs now in our district classrooms. Students could be face-to-face with the teacher and working with online learning platforms (e.g. Study Island).

a breakdown of **BLENDED LEARNING**



What is Blended Learning

Today's classroom blends traditional methods of instruction with digital instruction for a variety of learning possibilities.

[Blended Learning Photo Credit](#)

South Eastern School District
Learning Options

Model of Education	Type of Learning	Description
SESD Online Academy	Asynchronous	All learning and materials will be provided to students via Odysseyware ®.



[Online Learning Photo Credit](#)

Decision Tree for Parents

The reality is we are still in a pandemic and understand you need as much information to make a decision that works best for your child to ensure they are safe and continue to learn. Here is a chart we put together to explain what happens at each of the color phases.

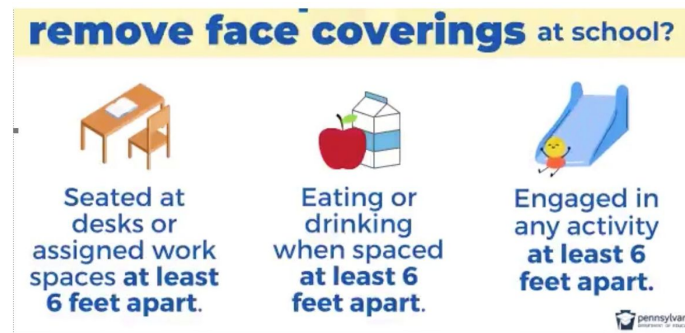
Decision Tree for Parents	Red Phase	Yellow Phase	Green Phase
Pennsylvania Department of Education Preliminary Guidance for Phased Reopening of Pre-k to 12 School (June 3, 2020; Version 1)	The South Eastern School District is closed for in-person instruction and all instruction must be provided via remote learning.	The South Eastern School District is open, following an alternative day schedule to keep within the social distancing guidelines.	The South Eastern School District is open, following social distancing guidelines.
Models of Education	SESD Online Academy SESD Virtual	SESD Online Academy AB/Hybrid SESD Virtual	SESD Online Academy Brick and Mortar AB/Hybrid SESD Virtual
How will you ensure rigor and accountability of student learning?	<p>The Pennsylvania Department of Education will not provide flexibility similar to that after March 13, 2020. When making decisions related to the provision of instructional time, PDE expects all school entities to be cognizant and plan for the following:</p> <ul style="list-style-type: none"> Planned instruction needed to attain the relevant academic standards set forth in Chapter 4 Implementing systems of tracking attendance and instructional time, especially related to students engaging in remote instruction The provision of Free Appropriate Public Education (FAPE); and Equity in access to instruction for all students. 		
Hours of Operation	<p>SESD Online Academy Anytime, Anywhere Office Hours vary per Teacher</p> <hr/> <p>SESD Virtual (Monday - Friday)</p> <p>Please follow your regular day schedule at home unless otherwise specified by your teacher.</p>	<p>SESD Online Academy Anytime, Anywhere Office Hours vary per Teacher</p> <hr/> <p>Brick and Mortar (Monday - Friday)</p> <p>Full Day Elementary (K-6) 8:30 - 3:25 Middle (7-8) 7:20 - 2:25 Secondary (9-12) 7:25 - 2:36</p>	<p>SESD Online Academy Anytime, Anywhere Office Hours vary per Teacher</p> <hr/> <p>Brick and Mortar (Monday - Friday)</p> <p>Full Day Elementary (K-6) 8:30 - 3:25 Middle (7-8) 7:20 - 2:25 Secondary (9-12) 7:25 - 2:36</p>

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<p>How do I register for the learning options that will be best for my child?</p>	<p>SESD Online Academy</p> <p>Families interested in pursuing SEDS Online Academy for their child(ren) are asked to make a semester to full year commitment.</p> <p>Mr. Chad L. Brindle, Assistant Principal of Learning brindlech@sesd.k12.pa.us 717-382-4871 Ext. 1800</p> <hr/> <p>Brick and Mortar AB/Hybrid SESD Virtual</p> <p>Unless otherwise communicated to us, your child will be placed in the learning option you chose via the Google ® survey.</p>	<p>SESD Online Academy</p> <p>Families interested in pursuing SEDS Online Academy for their child(ren) are asked to make a semester to full year commitment.</p> <p>Mr. Chad L. Brindle, Assistant Principal of Learning brindlech@sesd.k12.pa.us 717-382-4871 Ext. 1800</p> <hr/> <p>Brick and Mortar AB/Hybrid SESD Virtual</p> <p>Unless otherwise communicated to us, your child will be placed in the learning option you chose via the Google ® survey.</p>	<p>SESD Online Academy</p> <p>Families interested in pursuing SEDS Online Academy for their child(ren) are asked to make a semester to full year commitment.</p> <p>Mr. Chad L. Brindle, Assistant Principal of Learning brindlech@sesd.k12.pa.us 717-382-4871 Ext. 1800</p> <hr/> <p>Brick and Mortar AB/Hybrid SESD Virtual</p> <p>Unless otherwise communicated to us, your child will be placed in the learning option you chose via the Google ® survey.</p>

<p>How will I know what day my child will be attending brick and mortar if we are in the yellow phase?</p>	<p>Specific days, to attend brick and mortar, will be assigned to your student during the yellow phase.</p>
<p>How will you provide an orientation for students to transition back to school?</p>	<p>Each building will be providing a virtual building orientation that your child can view. We will be planning a transition first day for students as we recognize it has been a while since they have been in school and the building may look different (coming soon).</p>
<p>What can we do as parents to support your work in reopening schools?</p>	<p>We would first like to thank you for your grace during the school closure last year that began March 13, 2020. We understand you expect more communication, rigor and clarity. We are prepared to accomplish this and are asking our Board of Directors to change the calendar to provide time for you to decide what learning option you would like for your child by delaying the start of school. We are also asking for weekly early dismissal days to allow for time for teachers to collaborate and monitor your child's progress to prepare to adjust instruction as needed.</p>

Brick and Mortar Classroom Set-Up

We recognize wearing masks is not ideal. For those students who will be physically attending our buildings, to allow for teachers and students to take them off during the day, we have separated desks that are 6 feet apart. Below you will find a picture and example of what a classroom in each of our South Eastern School Buildings will look like and while it isn't the classroom set-up we like, it provides us the opportunity to safely separate and learning can continue with our peers. Here is a picture of when you can remove face coverings.



Delta-Peach Bottom Elementary School



Fawn Area Elementary School



Stewartstown Elementary School



South Eastern Intermediate School



South Eastern Middle School



Kennard-Dale High School



SESD Online Academy and SEDS Virtual Home Set-Up

We would like to offer some guidance on how to create a space at home.

- Students should have a set schedule when they will begin and end working each day.
- Students should look through all their teachers' virtual classrooms at the start of the day and make a "to do" list of all they need to accomplish, checking off each item as it is completed
- Students should have a dedicated, quiet space where they can do their classwork. It is usually best to be seated in an area without a TV and/or potentially distracting electronics nearby.
- Students should also take scheduled breaks during the academic work times.
- We also encourage students to engage in regular moderate physical activity on a daily basis.
- As soon as students encounter a question or problem, they should contact their teacher.

Building Virtual Tours

We recognize it isn't the same not to have an opportunity to have a building orientation. In an effort to help your child feel more comfortable returning to school, we will be creating virtual building tours (coming soon):

Delta-Peach Bottom Elementary School

Fawn Area Elementary School

Stewartstown Elementary School

[South Eastern Intermediate School](#)

South Eastern Middle School

Kennard-Dale High School

Parent Support Groups

We want to support you in the process of preparing your child to participate in returning to school or online learning. We have set-up some virtual parents nights to assist with topics you have asked for support. We want you to know we appreciate and support you. We understand that when school buildings are closed you need our support to ensure we have systems.

Google Classroom ®
Vulnerable Populations
Coping with Stress

South Eastern School District Return to Play

INTRODUCTION

This re-entry plan was created to mitigate the spread, and inherent level of risk, associated with the COVID-19 Pandemic as school districts in PA work to reestablish sport operations in adherence to PA State Government, PA Department of Education and PIAA guidelines. This document also considers youth sport return to play guidelines established by Wellspan Health and the Center for Disease Control.

This document will guide the SESD Athletic Department's return to play process as we move through July to the official start of the Fall Sport Season on August 10, 2020. The processes outlined in the document will apply to all official on/off campus workouts and summer league activities. It is important to note that all sport activity prior to the official start of the Fall Sport Season on 8/10/20 is **VOLUNTARY**. Eventually the information found in this document will correspond with an over-arching SESD COVID-19 Plan as required by PDE.

Ideally, the procedures outlined in this document will promote a healthy return to play process that moves from lower-risk activities to higher-risk activities as permitted by the PA State Government, PDE and PIAA. The procedures outlined in this document will also promote a healthy environment for student-athletes to return to normalcy for their emotional well-being and allow them to physiologically prepare themselves for athletic competition in the near future.

SUMMARY OF CONTENT

The following items will be outlined in this plan for implementation across all SESD sport teams.

- All pre-season workouts are considered optional. If scholastic athletics returns to status-quo participation, the first mandatory day of Fall Season practice is 8/10/20.
- Team activities should last no longer than 2 hours per day.
- Activities will gradually move from lower-risk activities to high-risk activities as permitted
 - This includes levels of interaction, grouping strategies, types of activity, distancing protocols
- Proactive behaviors that reduce spread
 - Sanitation, personal hygiene, daily screening, family reporting
- Supplies required
 - Sanitizer, bathroom facilities, disinfectant
- Facility Considerations
 - Scheduling facilities, focus on outdoor facilities when able, maximum numbers of indoor participants
- Operational procedures for coaches
 - Pre and post session requirements, athletic check-in and screening, communication to parents and athletes

- Written documentation for parents and coaches
 - Permission to participate with contact information for parents
 - Coach daily screening form for documentation
 - Coach daily sanitation checklist
- Symptom Management

ASSESSMENT OF RISK

The primary objective of this plan is to minimize risk as we begin to transition back to full activity. However, the risk of contracting COVID-19 encompasses many factors that fall out of our scope of control as an organization. We urge all participants to maintain a high level of personal responsibility as participation ensues. In addition, all participants are expected to conduct their due diligence when they suspect an exposure may have occurred outside of sport participation. Situations like an outside exposure or suspected illness in the home require the participant to disengage from the team/sport activity until the situation is resolved.

Activities will move from low-risk activities to higher-risk activities over time as recommended by the PA State Government, PDE and PIAA as we move closer to the start of the official sport season.

Lowest Risk				Highest Risk
Independent training at home	Team-based training, minimal touching, routine sanitation between drills, no shared equipment or hydration	Inter-squad competition with routine sanitation, return to customary shared equipment and locker room facilities	Full team competition vs. opposing teams in a scrimmage format	Full team regular-season competition

PROACTIVE BEHAVIORS TO REDUCE SPREAD

- All athletes will be screened upon arrival to the training session
 - A check-in station location will be established by each team and posted online with the training schedule for all teams.
 - Upon arrival to the session, all athletes have their temperature take with a touchless thermometer and answer 3 screening questions. The answers will be recorded and documented daily.
 - Do you have a new onset of a cough or shortness of breath?

- Have you had a fever or felt feverish?
 - Have you experienced known exposure to a person that has tested positive for COVID-19 or one that is exhibiting symptoms associated with COVID-19?
- Athletes and coaches will be required to wear a mask upon arrival and when they are not physically exerting themselves.
- All equipment will be sanitized before, during and after the workout with a disinfectant approved for SEDS use.
- Hand sanitizer will be provided for athletes to use throughout the training session.
- All athletes will be required to bring their own water bottles.
 - Cases of individually bottled water will be given to coaches to share with those that forget water or need more water.
 - Athletes are not permitted to share water bottles or food.
- Teams practicing outside will not be permitted to enter buildings. Outdoor restrooms will be brought on-site with hand sanitation solution provided.
- Teams will implement social distancing measures when able.
 - Drills will be at least 10 feet apart.
 - Groups should consist of no more than 4 participants
 - If athletes require groups or partners, consistent groups or partners will be used (cohorting).
- Parents are asked to remain in their vehicles at all times. In the case that a parent needs to speak with a coach personally, parents should wear a mask.
 - No spectators are permitted at any time at team workouts.

REQUIRED SUPPLIES

The following items will be required for the start of training sessions.

- Coaches should gather and centrally store training aids to be used outside. This may require the coach initially access indoor storage to retrieve items.
 - Coaches should make reasonable decision on what is needed because outdoor storage may be limited.
- Each coach will be provided an appropriate amount of hand sanitizer for athlete use
- Each coach will be provided with an industrial sprayer with an appropriate amount of disinfectant.
- Each coach will be given cases of water for athlete distribution.
- Each coach will be given a packet of materials to document daily check-in screenings with athletes.
- Each coach will be given a hand-held touchless infrared thermometer.
- Each coach will keep a copy of a permission for with parental contact information for each athlete.
- Parents will receive an email with permission forms they need to complete prior to the start of training. Parents will also receive coach contact information.
- Parents will receive an email with an online document that provides the team workout schedule, team pick-up and drop off location and the team check-in location.

FACILITY CONSIDERATIONS

- When possible, teams will use separate facilities. Multiple teams will never use the same facility at the same time.
- Athletes should only enter and leave the facility at the designated entrance location, which will be communicated to parents and athletes via an emailed document.
- All outdoor facilities will have portable toilets and portable handwashing facilities if available from the vendor.
- In the case of inclement weather, outdoor training sessions will be canceled.
- Indoor usage will be limited to the KDHS Gymnasium and the bathrooms outside of the gym in the gym lobby.
 - V/JV Girls Volleyball and V/JV Basketball (camp) are only permitted to use this facility.
 - Locker rooms will not be available.
 - Masks will be worn upon entering the building and check-in, masks should only be removed during physical exertion.
 - No more than 50 athletes will be permitted in the gym at any time.
- Athletes should wear face masks when arriving or exiting the facility. Athletes should wear face masks when waiting for pick up from the facility.

SYMPTOM MANAGEMENT

Successful symptom management will likely hinge on a community approach for every team. Coaches, athletes and parents must be vigilant upon reporting suspected COVID-19 exposure for the health and safety of all.

- Athletes or coaches that have possibility been exposed to a person with COVID-19 symptoms should not attend training sessions until they can verify they have not been exposed to the virus.
- A symptomatic coach or athlete will be presumed COVID-19 positive if symptoms arise. All precautions will remain in place until testing confirmation is received.
- Cases that are presumed COVID-19 positive must be cleared by a physician before the coach or athlete can return to participation.
- Athletes that do not pass the pre-training screening will be sent home immediately.
 - A coach (or the athlete) will call the parent and wait for pick up.
 - Student drivers that fail the screening will have their parent contacted before they are sent home.
- Coaches that have a failed screening or have an athlete self-report exposure should report it to the AD immediately.
- If a coach or athlete tests positive for COVID-19, the coach or athlete cannot participate in training until they are cleared by a physician to return.
- The SEDS Athletic Department will inform parents if a team-member has tested positive for COVID-19 or if COVID-19 exposure is suspected.
 - Suspected exposure among team members will likely stipulate that team activities cease to allow time for testing and the evaluation of symptoms by a physician.

Process for athletes and coaches that are COVID-19 symptomatic outside of participation:

- Athletes infected with COVID-19 or believe they have been infected should STAY AT HOME. It is essential to prevent the disease from spreading to people in the home or community. Physicians should be contacted immediately if the development of a fever and symptoms occur.
- Notify the school immediately (principal, athletic director, athletic trainer, coach)
 - Within the first 24 hours the areas visited by the athlete/coach will be closed to clean and ventilated
 - After 24 hours the area will be deep cleaned and disinfected
- It will be determined if others who may have been exposed (students, coaches, staff) need to be notified, isolated, and /or monitored for symptoms for 72 hours
- If a positive case of COVID-19 is diagnosed Contact Tracing will be implemented with the assistance of local health professionals and the CDC/PA DOH. Those exposed to an athlete/coach will be required to self-quarantine for 14 days.

Process for athletes and coaches that become symptomatic during team participation:

- Every effort will be made to isolate the ill individual from others, until the student or staff member can leave the school or event
- If student, parent/guardian will be contacted immediately, and arrangements will be made for the student to be picked up
- Ill individual will be asked to contact their physician or appropriate healthcare professional for direction
- Within the first 24 hours the areas visited by the athlete/coach will be closed to clean and ventilated
- After 24 hours the area will be deep cleaned and disinfected
- It will be determined if others who may have been exposed (students, coaches, staff) need to be notified, isolated, and /or monitored for symptoms for 72 hours
- If a positive case of COVID-19 is diagnosed Contact Tracing will be implemented with the assistance of local health professionals and the CDC/PA DOH. Those exposed to an athlete/coach will be required to self-quarantine for 14 days

Process for returning to participation after COVID-19 diagnosis:

- Athlete or coach must have medical clearance from their physician or appropriate healthcare professional, determined to be non-contagious, fever free (without fever-reducing medicine), improvement in respiratory symptoms (cough, shortness of breath), no vomiting or diarrhea.
- Athlete or coach must stay home for a minimum of 14 days.

SESD DAILY COVID-19 SCREENING LOG and CHECK-IN**DAILY NOTES**

DATE:					
SPORT:					
COACH:					
ATHLETE NAME	(LAST, FIRST)	WAIVER	MASK	TEMP	QUES
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
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SESD Participation Waiver for Communicable Diseases Including COVID-19

The COVID-19 virus is a highly contagious illness that primarily attacks the upper respiratory system. The pandemic resulting from the COVID-19 virus presents a unique set of challenges for participation in interscholastic athletics. At this time, participation in all school-sponsored athletic team activities is completely voluntary. Parents and coaches are urged to research and evaluate predispositions regarding COVID-19 impact and consider individual risk tolerance for voluntary athletic participation. Though schools can take many steps to reduce the risks to students, coaches, and their families, it is not possible to eliminate all risk associated with COVID-19. Participants may be at a higher risk of severe illness from COVID-19 due to underlying medical conditions such as lung disease, moderate to severe asthma, heart conditions, being immunocompromised, obesity, diabetes, and kidney or liver disease.

The SESD will take all necessary precautions and recommendations as advised from federal, state and local governments, including PDE, PIAA, NFHS and the CDC. Coaches, parents and other stakeholders must understand that knowledge about the COVID-19 virus constantly evolves, thus procedures outlined in the Return to Participation Manual may adapt as needed to provide a safer participation environment.

Coaches, athletes and parents are expected to abide by all guidelines for participation. The guidelines were developed to protect the health and safety of all involved. Due to the seriousness of COVID-19, violators will be suspended from summer activities.

By consenting to participate, the athlete and parent fully understand and assume the risks of the athlete becoming infected with COVID-19 which could lead to serious health problems. Furthermore, the virus could be transmitted to family members ending in negative outcomes including death.

I give my son/daughter permission to participate in optional summer preseason programs.

SESD SPORT	_____	DATE	_____
ATHLETE NAME	_____	GRADE	_____
PARENT NAME	_____		
PARENT SIGNATURE	_____		
PARENT PHONE	_____		
EMERGENCY CONTACT	_____	EM CONTACT PHONE	_____

Questions can be directed to the Team Coach or Dr. Gary McChalicher mcchalicherg@sesd.k12.pa.us

SESD Coach Waiver for Communicable Diseases Including COVID-19

The COVID-19 virus is a highly contagious illness that primarily attacks the upper respiratory system. The pandemic resulting from the COVID-19 virus presents a unique set of challenges for participation in interscholastic athletics. At this time, participation in all school-sponsored athletic team activities is completely voluntary. Parents and coaches are urged to research and evaluate predispositions regarding COVID-19 impact and consider individual risk tolerance for voluntary athletic participation. Though schools can take many steps to reduce the risks to students, coaches, and their families, it is not possible to eliminate all risk associated with COVID-19. Participants may be at a higher risk of severe illness from COVID-19 due to underlying medical conditions such as lung disease, moderate to severe asthma, heart conditions, being immunocompromised, obesity, diabetes, and kidney or liver disease.

The SESD will take all necessary precautions and recommendations as advised from federal, state and local governments, including PDE, PIAA, NFHS and the CDC. Coaches, parents and other stakeholders must understand that knowledge about the COVID-19 virus constantly evolves, thus procedures outlined in the Return to Participation Manual may adapt as needed to provide a safer participation environment.

Coaches, athletes and parents are expected to abide by all guidelines for participation. The guidelines were developed to protect the health and safety of all involved. Due to the seriousness of COVID-19, violators will be suspended from summer activities.

By consenting to participate, the coach fully understands and assume the risks of the coach becoming infected with COVID-19 which could lead to serious health problems. Furthermore, the virus could be transmitted to family members ending in negative outcomes including death.

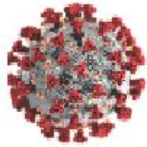
The SESD Coach also agrees to implement and follow all safeguards outlined in the SESD Re-Entry Plan.

DATE _____

COACH NAME _____

COACH SIGNATURE _____

What you should know about COVID-19 to protect yourself and others



Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.



Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.



Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.



Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.

RESOURCES:

NFHS: Guidance for Opening Up High School Athletics and Activities (per update on May 2020)

Centers for Disease Control and Prevention

Website: cdc.gov/coronavirus/2019-ncov/index.html

“What You Should Know About COVID-19 to Protect Yourself and Others”,
“Schools Decision Tree”

PA Department of Health

Website: health.pa.gov

“Coronavirus Symptoms”

“Phased Reopening Plan by Governor Wolf”

A Guide to Re-Entry to Athletics in Texas Secondary Schools

By Jamie Woodall, MPH, LAT, ATC, CPH and Josh Woodall Med, LAT, ATC

Guidance for All Sports Permitted to Operate During the COVID-19 Disaster Emergency to Ensure the Safety and Health of Employees, Athletes and the Public

<https://www.governor.pa.gov/covid-19/sports-guidance/>